

# Susquehanna Trail Dog Training Club

# **April 2013**

### **Old Friends**

by Connie Cuff



When it comes to children and dogs, bite prevention is not the most important thing. The most important thing is to teach children respect for dogs, and to teach dogs to feel safe and at ease around children. It is up to adults to teach and guide both the child and the dog.

Most parents simply don't realize that their child's behavior is inappropriate or causing the dog to feel

irritated or unsafe. Some of the things to avoid are: hugging, kissing, poking, straddling the dog, grabbing the hair or paws, throwing things at the dog.

The parent and child should be asked questions for them to recognize what makes their dog upset and what signs of stress they have observed, including: turning the head away, yawning, lip licking, shallow panting, scratching, stretching. Parents should be encouraged to think about what they can do to help their dog to feel safe and happy. They should get in the habit, especially when kids are most active, of having a specific plan before letting them interact with their dog. As always, the parent should coach the kids and dogs by rewarding gentle play and pointing out body language they observe in the dog.

Examples of interaction - Be a tree (still & quiet) when the dog approaches them.

Read to the dog or listen to an adult read to both the child and the dog.

Help an adult groom feed and give water to the dog.

Draw pictures of the dog.

Help an adult play fetch, recall games.

Help an adult take the dog for a walk.

Every dog, no matter how docile, needs an indoor spot (a crate works well) that will allow him to relax or have a time out. When a dog is in his Safety Zone, children should not interact with the dog.

### **Old Friends (Continued)**

As a coach, it is important to create conditions that allow the child and the dog to rehearse success, develop good habits, and cultivate good feelings toward each other. The important thing is to raise parents' awareness of the pitfalls of being supervisors and support them toward becoming engaged coaches.

Till next time,

Connie

### Minutes (March 5, 2013)

submitted by Kelly Pastuszek

### **Report of the President**

As I have mentioned the dues for 2013 are due, April 1 we will make up our new roster and if you are not included, you will not be covered by our insurance. Our costs of copying, stamps, insurance, Christmas party and donations are covered by dues. We keep dues at a minimum so everyone can participate when they can. Even if you are unable to come to class I must coordinate and keep in touch with everyone, so having an up-to-date list with current shot records is very important.

We all enjoyed a birthday party for Buffy with wonderful cupcakes for us and our dogs. I will have the dog cupcake recipe in next month's newsletter.

We received a thank you from Frank Nanna for the windchimes.

Secretary's Report: in the newsletter.

### **New Business**

I will have only the roster sheet to sign in. I must have everyone sign it who is here.

I wish to thank everyone who participated at the Scout Expo this past Saturday. I had an E-mail from Kim King who was in charge and she had many favorable comments about our group and thanked us for being there.

Anyone who has a dog with allergies that may need a dog food grain free can purchase a product called 4 Health at Tractor Supply that is \$36.99 for 30 lb. bag. I talked to someone who was using Taste of the Wild and it didn't help but this one did and is made with fish.

I have been asked again to use our flag for the Cavalcade of Champions. We will do the parade at Lewisburg, weather permitting on Sat. June 29.

For those of you that are interested there is an open house at the new Sunbury Animal Hospital on Sat. April 6th from 11-3.

We have been asked to bring the therapy dogs on Tuesday, April 9th from 5-7pm at Bucknell. Location will be outside of the cafeteria. We will be outside so this will be weather permitting and I may move it to another day. They are selling a product to make money for a dog park on the Rail to Trail.

For new people, there are handouts on the table for you to take at class.

Bandanas are on the table for those who have dogs with issues. Red for issues, yellow for improving, and blue for better. Some dogs do not like dogs in their face and we want everyone to be comfortable.

Ann Trudnak has asked me for volunteers for Reading to Dogs on Thursday, March 21 from 5:30 - 6:30 at White Deer Elementary. I have a sign-up sheet for that event.

March 25 Monday, visit at Emmanuel in Danville at 6:30 pm.

New members introduced.



# Notes and Notices



As I have been letting everyone know the past few weeks, we will not be at the Center April 2, 9 and 16. I'm hoping you are checking E-mail and our Newsletter.

I wish to welcome new members: Ruth Ruch with Bomber and Kara Fullerton with Ted.

Anyone who would like to view the new Sunbury Animal Hospital, there is an Open House on Sat. April 6 from 11am - 3pm. There are a lot of activities that day.

There is a visit at Bucknell University on Tues. April 9. A group of students that are part of Management 101 are having a Fund Raiser to support a Dog Park, which is being constructed on the Rails to Trail in Lewisburg. I have asked a few members to be there from 5 - 7pm. We will be located on the uphill grass side of the Langone Center. In case of inclement weather we will be in Coleman Hall. If you have any questions on the location, please contact me.

There is a Healthy Kids Day at the YMCA in Sunbury on April 27 from 10am - 12 noon. I would like to have a group of dogs that are children friendly to participate. I will be compiling a list of members and dogs that will be attending that day.

Some of you have asked about a recipe Gail Lorady used for Buffy's Party.

"Peanut Butter Delight Dog Birthday Cake"

1 cup white or whole wheat flour 1 cup shredded carrots

1 tsp. baking soda 1/3 cup honey

<sup>1</sup>/<sub>4</sub> cup peanut butter 1 egg

¼ cup vegetable oil

Mix flour and baking soda first, then add all the remaining ingredients and mix well.

For a cake: Bake at 350F for 40 minutes in a small cake pan that has been sprayed with nonstick spray.

For cupcakes: Bake at 350F for 30 minutes in muffin tins that is sprayed with nonstick spray.

Once cake is cool, frost with low-fat cottage cheese and decorate with carrot pieces.

Store in refrigerator for up to one week, or slice thinly and freeze in individual plastic baggies.

### **Additional Icing recipe:**

12 oz. non-fat cream cheese (room temp), 3 tsp. cinnamon, 1 tsp. vanilla, 2 tsp. honey

## UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

| April 2 (Tues)   | NO CLASS SELINSGROVE CENTER  |                                   |
|------------------|--|-----------------------------------|
| April 3 (Wed)    | Riverwoods   | 10:00am                           |
| April 4 (Thurs)  | Maria Joseph Manor, Danville   | 6:30pm                            |
| April 9 (Tues)   | NO CLASS SELINSGROVE CENTER  |                                   |
| April 10 (Wed)   | Riverwoods   | 10:00am                           |
| April 11 (Thurs) | Shamokin Hospital<br>Northwestern Academy  | 1:15pm<br>2:30pm                  |
| April 16 (Tues)  | NO CLASS SELINSGROVE CENTER<br>Low Security Prison, Allenwood (NCIC only)                                | 2:00pm                            |
| April 17 (Wed)   | Riverwoods   | 10:00am                           |
| April 18 (Thurs) | Sunbury Community Hospital Mansion Nursing Home Sunshine Corners   | 1:00pm<br>2:00pm<br>2:45pm        |
| April 22 (Mon)   | Emmanuel Home, Northumberland  | 6:30pm                            |
| April 23 (Tues)  | CLASSES RESUME AT THE SELINSGROVE CENTER   |                                   |
| April 24 (Wed)   | Riverwoods   | 10:00am                           |
| April 25 (Thurs) | Emergency Prep Day, Allenwood Training Center<br>Holy Family Convent, Danville<br>Geisinger Health South | 9am - 12 noon<br>1:00pm<br>2:00pm |
| April 27 (Sat)   | Healthy Kids Day, YMCA Sunbury   | 10am - 12 noon                    |
| April 29 (Mon)   | <b>Bucknell University, Library</b>  | 6pm - 8pm                         |
| May 2 (Thurs)    | Emmanuel, Danville   | 6:30pm                            |
| May 6 (Mon)      | Elmcroft, Lewisburg  | 6:30pm                            |

Newsletter coordinator: Brandon Pastuszek

E-mail: brandon@stdtc.org

Club web site: http://www.stdtc.org

# **April 2013**

May 2013

April 2013

March 2013

20 1 2 3 4 5 6 7 8 9 10 11 10:00 AM Healthy Kids Day, YMCA Sunbury 12 13 14 15 16 17 18 19 20 21 22 23 24 25 SMTWTF 26 27 28 29 30 31 Saturday 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 SMTWTF 12 19 26 28 29 30 Friday 3 4 5 6 7 8 9 10 11 12 13 14 15 16 24 25 26 27 28 29 30 17 18 19 20 21 22 23 SMTWTF 11 = 1:15 PM Shamokin Hospital = 2:30 PM Northwestern Academ. 18 = 1:00 PM Sunbury Communi-ty Hosnital 1:00 PM Holy Family Convent, Danville
2:00 PM Geisinger Rehab-Health South = 2:45 PM Sunshine Corners ty Hospital - 2:00 PM Mansion Nursing = 9:00 AM Emergency Prep Day, Allenwood Training 31 = 6:30 PM Maria Joseph Manor, Danville = 6:30 PM Emmanuel, Danville Thursday Center 10 17 24 = 10:00 AM Riverwoods Wednesday 16 23 30 6:15 PM Training7:15 PM CGC/TDI Training7:15 PM Beginner Training 6:15 PM Training7:15 PM CGC/TDI Training7:15 PM Beginner Training 2:00 PM Low Security Prison, Allenwood (NCIC only) CLASSES CANCELLED CLASSES CANCELLED CLASSES CANCELLED Tuesday **CLASSES RESUME** 59 15 22 ■ 6:30 PM Emmanuel Home, Northumberland = 6:00 PM Bucknell University, Library Monday **April Fools Day** Earth Day Tax Day Susquehanna Trail Dog Training Club 28 14 Sunday US Holidays